



Building Resiliency

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Resilience:
Coming back after challenges or setbacks.

BUILDING *Resiliency*

RESILIENCY EDUCATION STANDARDS

- ✓ Character
- ✓ Personal Responsibility
- ✓ Mentorship and Citizenship
- ✓ Critical Thinking and Problem Solving

SCHOOL STAFF TRAINING

80% or more of school staff receive youth mental health awareness training.

MENTAL HEALTH ASSISTANCE ALLOCATION AND FLORIDA SAFE SCHOOLS ASSESSMENT TOOL

District funding and planning tools to strengthen school safety and support school staff training, services and resources.

RESILIENCY TOOLKIT

Dynamic resources for students, parents/caregivers, educators and community partners.

FLORIDA SPECIFIC YOUTH SURVEY

Results on students' resiliency and behaviors will inform student instruction, resources, supports, and staff training.

RESILIENCY EDUCATION, CIVIC AND CHARACTER EDUCATION AND LIFE SKILLS EDUCATION

School districts provide 5 hours of data-driven instruction annually to students in grades 6-12 related to resiliency, character development, and mental health.



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Required Instruction

Section 1003.42(2)(n)4., Florida Statutes (F.S.)

4. Life skills that build confidence, support mental and emotional health, and enable students to overcome challenges, including:
- a. Self-awareness and self-management.
 - b. Responsible decision-making.
 - c. Resiliency.
 - d. Relationship skills and conflict resolution.
 - e. Understanding and respecting other viewpoints and backgrounds.
 - f. For grades 9 through 12, developing leadership skills, interpersonal skills, organization skills, and research skills; creating a resume, including a digital resume; exploring career pathways; using state career planning resources; developing and practicing the skills necessary for employment interviews; workplace ethics and workplace law; managing stress and expectations; and self-motivation.

Health education and life skills instruction and materials may not contradict the principles enumerated in subsection (3).

Rule 6A-1.094124, Florida Administrative Code (F.A.C.), Required Instruction

- School districts must annually provide a minimum of five (5) hours of data-driven instruction to students in grades 6-12 related to civic and character education and life skills education through resiliency education using the health education standards adopted in Rule 6A-1.09401, F.A.C., Student Performance Standards. The instruction will advance each year through developmentally appropriate instruction and skill building.

Rule 6A-1.094124, F.A.C., Required Instruction, Cont.

- **Areas to Address:**

- Strategies specific to demonstrating resiliency through adversity, including the benefits of service to the community through volunteerism;
- Strategies to develop healthy characteristics that reinforce positive core values and foster resiliency such as:
 - Empathy, perseverance, grit, gratitude and responsibility;
 - Critical thinking, problem solving and responsible decision-making;
 - Self-awareness and self-management;
 - Mentorship and citizenship; and
 - Honesty.

Timeline

December 2022
Workgroup
meetings began

**February
2023**

Resiliency
Education
standards
open for
public
comment

January 2023

Review of
Character
Education to
Resiliency
Education
standards
completed

**March 22,
2023**

Adoption of
Resiliency
Education
standards by
SBOE

Updates to Health Education Standards

- The Health Education Standards were revised to change the Character Education strand to Resiliency Education.
- The Substance Use and Abuse strand was updated to include topics such as fentanyl and vaping.
- Resiliency Education and Substance Use and Abuse Standards were approved at the State Board of Education meeting on March 22, 2023.

Resiliency Education

- Resiliency Education Standards
 - Character
 - Personal Responsibility
 - Mentorship and Citizenship
 - Critical Thinking and Problem Solving
- Empower students to overcome challenges while recognizing and celebrating the success in doing so.

Related Tips/Tutorials



Browse and Search Standards

You can apply different filters and search terms to browse the Standards

Enter Search Phrase..



Subject Grade

Submit

Reset

Export To

Grid View

List View

Show Color

Show Clarifications

6787 items

Dance

English Language Arts (B.E.S.T.)

English Language Development

Gifted

Health Education

Grade: K

Strand HE.K.C: Health Literacy Concepts

Strand HE.K.B: Health Literacy Responsible Behavior

Strand HE.K.P: Health Literacy Promotion

Strand HE.K.CE: Character Education (ending 2022-2023)

Strand HE.K.R: Resiliency (starting 2023-2024)

Standard 1 HE.K.R.1 : Character [read more](#)

Date Adopted or Last Revised: 03/23

Standard 2 HE.K.R.2 : Personal Responsibility [read more](#)

Date Adopted or Last Revised: 03/23

Standard 3 HE.K.R.3 : Mentorship and Citizenship [read more](#)

Date Adopted or Last Revised: 03/23

Standard 4 HE.K.R.4 : Critical Thinking and Problem Solving [read more](#)



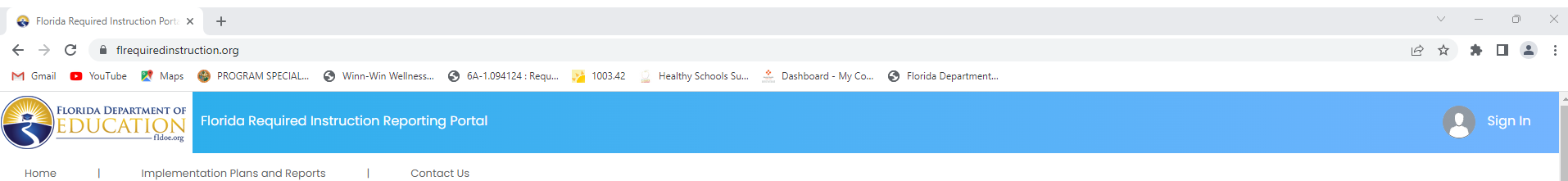
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Required Instruction Reporting Portal

Florida Required Instruction Portal

- December 1: Submit an implementation plan to the Commissioner of Education for Resiliency Education, Child Trafficking Prevention Education, and Substance Use and Abuse Education.
- July 1: Submit report to the Commissioner of Education that describes how instruction was provided for required instruction topics.
 - Report includes grade levels, courses, qualifications of instructors, instructional materials and rationale for instruction.

Florida Required Instruction Portal



Florida Required Instruction Reporting Portal

Home | Implementation Plans and Reports | Contact Us

Florida Required Instruction Portal

Welcome to the Required Instruction Reporting Portal. Every day the Florida Department of Education works hand in hand with parents, teachers, educators and community members to improve Florida's education system for students of all backgrounds and abilities. This portal supports the department's work by providing districts with an intuitive data entry tool and giving stakeholders an efficient method to access related information.

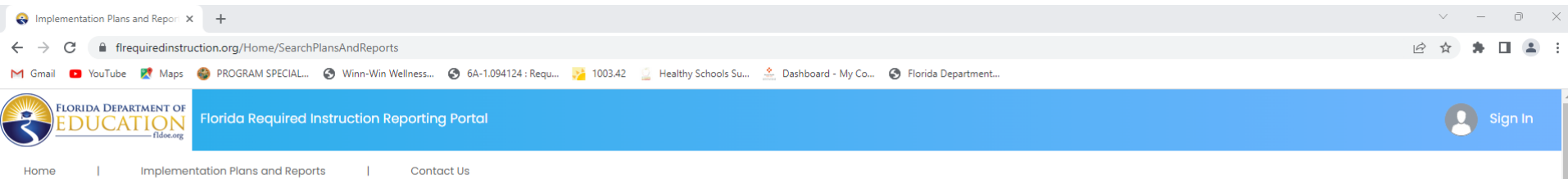
The Florida Department of Education requires certain annual reporting and planning from school districts on components of section [1003.42\(2\)](#), Florida Statutes. This portal is provided for districts to report to the department per [6A-1.094124](#) Florida Administrative Code (F.A.C.), Required Instruction Reporting.

LEA Dashboard Tutorial

Learn how to submit your LEA report, manage other LEA users, and other functions available for LEA authorized users.



Florida Required Instruction Portal



Implementation Plans and Reports x +

firequiredinstruction.org/Home/SearchPlansAndReports

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Florida Required Instruction Reporting Portal

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Implementation Plans and Reports

Required Instruction Implementation Plans and Reports

You can view all LEA implementation plans and reports for current and past cycles. To get started, use the filters below to narrow down the results.

By LEA

By Topic

By Instructional Material

Choose the Local Education Agency (LEA)

Search:

LEA Name	↑↓
Alachua	
Baker	
Bay	
Bradford	
Brevard	
Broward	
Calhoun	
Charlotte	
Citrus	

Discussion

- At your tables, please share what your school district is doing to support Resiliency Education, including the 5-hour required instruction in Resiliency Education: Civic and Character Education and Like Skills Education.
- Each table, please pick a representative to share what they are doing to support Resiliency Education in their district.



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Training and Professional Learning

Youth Mental Health Awareness Training (YMHAT) Requirements

- Effective November 22, 2022, [Rule 6A-1.094120, Florida Administrative Code \(F.A.C.\)](#), requires annual certification that at least 80 percent of school personnel in a school district, including school personnel at charter schools, have completed the approved youth mental health awareness training.
- Districts are to use the [posted job codes](#) to determine that a minimum of 80 percent of school personnel are to be trained on Youth Mental Health First Aid by July 1, 2023.
- Job codes originate from a document entitled “Data Elements – Staff” incorporated in Rule 6A-1.0014, Florida Administrative Code (F.A.C.), Comprehensive Management Information System.
- Certification forms to be received from each district by July 1, 2023.
 - This form and instructions on submitting the form may be obtained at <https://www.fldoe.org/schools/k-12-public-schools/sss/ymhat.stml>.

Establishing a Culture of Resiliency

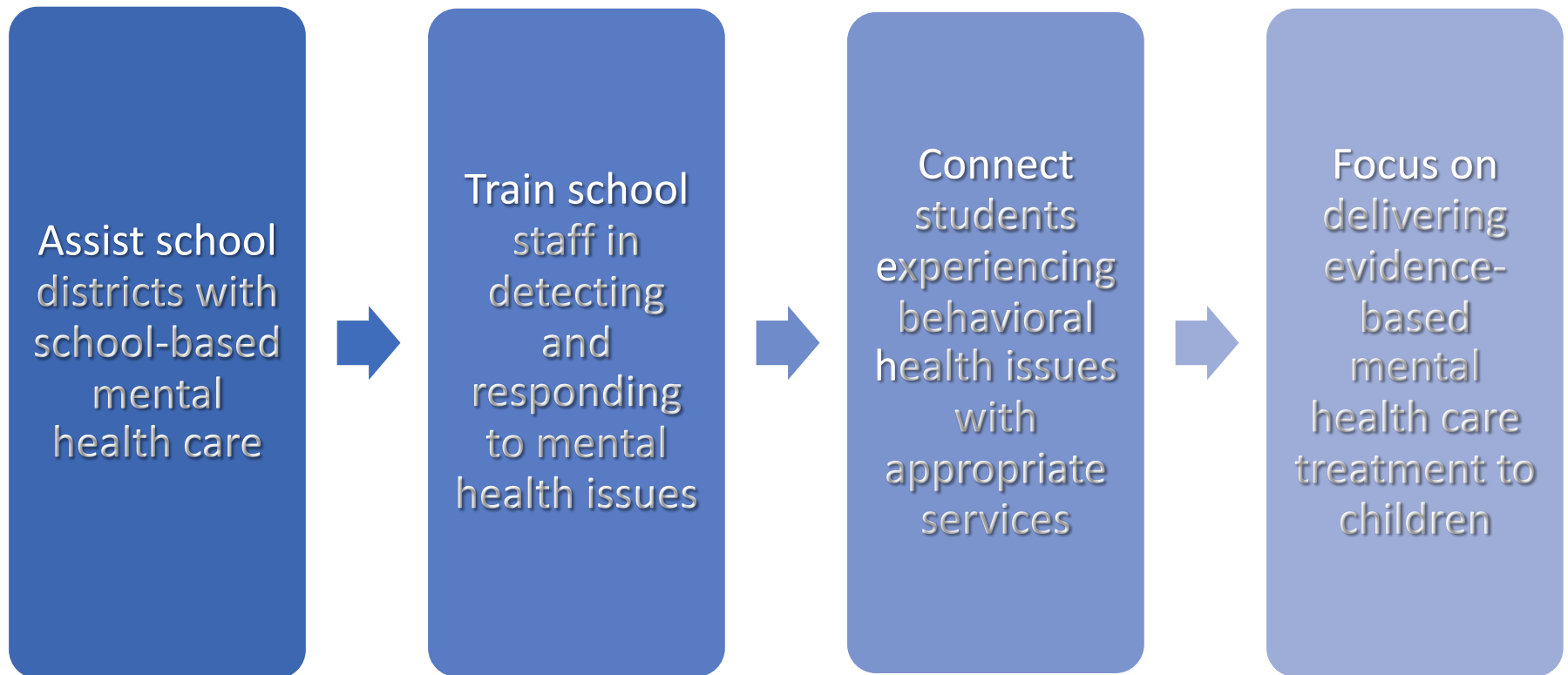
- In March 2023, First Lady Casey DeSantis announced the development of four pathways of student support and mentorship:
 - Resiliency Coach
 - Resiliency Endorsed Educator
 - School Counseling Apprentice
 - School Counseling Mentor
- [March 22, 2023, Press Release](#)



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Mental Health Assistance Allocation and Florida Safe Schools Assessment Tool

Purpose of the Mental Health Assistance Allocation (MHAA) Funding



Significant Investments in Mental Health

Florida Education Finance Program (FEFP) funding
Mental Health Assistance Allocation

2019-2020:
\$75 million

2020-2021:
\$100 million

2021-2022:
\$120 million

2022-2023:
\$140 million

Florida Safe Schools Assessment Tool (FSSAT)

- The FSSAT is the primary physical site security assessment tool that is used by school officials at each school district and public school site in the state in conducting security assessments. The tool is designed to help school officials identify threats, vulnerabilities and appropriate safety controls for the schools that they supervise, and addresses the following:
 - School emergency and crisis preparedness planning;
 - Security, crime and violence prevention policies and procedures;
 - Physical security measures;
 - Professional development training needs;
 - An examination of support service roles in school safety, security and emergency planning;
 - School security and school police staffing, operational practices and related services;
 - School and community collaboration on school safety; and
 - A return on investment analysis of the recommended physical security controls.



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Florida-Specific Youth Survey (FSYS)

FSYS Background

- Florida agencies are no longer administering the CDC's Youth Risk Behavior Survey (YRBS).
- The Florida Department of Education has developed the FSYS, which aligns to topics in Health Education required instruction ([section 1003.42, Florida Statutes](#)) including Resiliency Education, Civic and Character Education, and Life Skills Education.
- This alignment to Florida's focus on Resiliency will inform enhanced services, support and instruction to better meet the specific needs of students in Florida.

Collaboration with Other Agencies

- The FSYS is being administered alongside the Florida Department of Health's Florida Youth Tobacco Survey (FYTS) and the Florida Department of Children and Families' Florida Youth Substance Abuse Survey (FYSAS) under the umbrella of the 2023 Florida Youth Survey.
- The combined survey administration window opened on April 12, 2023, and will close on May 12, 2023.



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Resiliency Resources

Compilation Video



[Resiliency Toolkit - Compilation Video \(cpalms.org\)](http://cpalms.org)

Resiliency Resources

- Dedicated funding for resiliency resources aims to maximize the reach and impact of materials by getting them in the hands of parents and educators.
- This effort includes:
 - Production, promotion, and distribution of resiliency materials in schools, out-of-school time programs and other student-related community organizations;
 - Coordination of school and community-based events that centralize around parental involvement with student education, with a focus on resiliency and civic and character education; and
 - Training based on Resiliency Education and School Counseling Standards.

Discussion

- What are some Resiliency Education needs in your school district?
- How does your school district address these needs?



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